

Esthesis

HEALTH & BEAUTY SPA





Esthisis, the Health and Beauty Spa of the Coral Beach Hotel & Resort.

Esthisis is the Greek word for senses, meaning that at Esthisis all therapies and treatments aim to enhance your senses and feeling of wellbeing.

Allow our experts to nurture your needs and enliven your soul with emphasis on individual attention.

Esthisis is proudly associated with BABOR and GUINOT, worldwide pioneers in professional skin care and quality products.

Combined with the expertise of our spa team, we ensure an experience of total relaxation and rejuvenation.



BABOR Facial Treatments

A treatment with the BABOR Expert Method is an experience that goes more than skin deep. Signature elements activate the skin from the surface down to the deepest levels. The transition from warm to cool elements not only feels good but literally kisses your skin awake. For you, a treatment is the ultimate wellbeing experience. For your skin, it is a power workout. Using sophisticated techniques, we achieve the maximum performance from the products we use. The result? Beautifully nourished and vitalized skin - and that incomparable BABOR feeling.

Medical Beauty

The innovative precision formulas of the DOCTOR BABOR specialist, made in Germany, are inspired by medical research. As intensive cosmeceuticals they are ideal for complex skin and are formulated precisely to meet the most demanding beauty requirements.

Lifting – Firm & Youthful

60 min - **€165**

Vital, youthfully smooth and firmer looking skin. For skin with a lack of elasticity and visible wrinkles. Tissue stimulation achieves firmer skin with a reduction of fine lines and wrinkles.

Cleansing | peeling | active serum | lifting massage | intense eye care | special mask individual finishing treatment

Hydrating – Plumped & Revived

55 min - **€105**

Plump and saturate the skin with intense hydration for a vital complexion. Designed for extremely dehydrated skin with visible dryness lines this immediately ensures intensive moisture absorption into the skin.

Cleansing | peeling | active serum | brief massage | intense eye care | special mask | individual finishing treatment

Cleanformance – Healthy Glow | SUITABLE FOR VEGANS

55 min - **€80**

Vegan and clean for a healthy, vital glow. Especially for dehydrated, demanding skin, this facial will provide intensive moisture to the skin and will even out any irregularities for a beautiful complexion. This treatment is also Gluten and Lactose free.

Cleansing | gentle peeling | active serum | massage or special mask | intense eye care | individual finishing treatment

SUITABLE FOR VEGANS

Calming – Calm & Soothe

55 min - **€95**

An SOS solution for extremely sensitive, irritated skin. These treatments will reduce redness, irritation and strengthen the skin's own defense mechanisms against stressors. Perfect Treatment after sun.

Cleansing | gentle peeling | active serum | massage and special mask | intense eye care | individual finishing treatment.

Guinot Facial Treatments

Lift Summum Treatment

60 min - **€130**

A special treatment that tightens, firms the outline of the face, smoothes and stimulates the skin on the neck and décolleté. Dual exfoliation, powerful massage with powerful serum for regeneration of elastic fibers, wrinkle abrasion with the special wrinkle eraser. The treatment is completed by the application of the neck/décolleté face mask that tightens and instantly corrects the facial feature

Age Summum

60 min - **€130**

Targets signs of ageing

The Age Summum Treatment is the alternative to plastic surgery for treating immediately signs of ageing. A genuine concentration of 56 Biological active ingredients from Cellular Life Complex, hyaluronic acid and Pure vitamin C: stimulates the synthesis of collagen and provides antioxidant action for exceptional radiance and cell regeneration.

Hydra Peeling

55 min - **€95**

Suitable for sensitive skin

The skin renewal treatment The ideal treatment for dull, tired skin and asphyxiated skin. A rejuvenating peeling that improves the texture of the skin, reduces pigmentation spots and brings a youthful radiance of the skin.

Equilibre Purete Treatment

75 min - **€105**

A cleansing enzymatic peeling warms the skin and opens the pores. Then a purifying clay mask absorbs impurities and excess sebum from the skin. Balance is restored and the skin is purified.





Guinot Electrical Facials

Hydradermie Facial

55 min - €105

"Cellular Energy"

A mild electrotherapy current allows active beautifying ingredients to penetrate into the deeper layer of the skin for more immediate and lasting results. The skin is perfectly cleaned, moisturized, oxygenated and radiant.

Eight (8) personalized programs are available:

- Moisturizing
- Purifying
- Soothing
- Repair
- Nourishing
- Anti-aging
- Anti-pigmentation
- After sun exposure

Hydradermie Face Lift

55 min - €130

The "Instant Lifting" treatment

This treatment, lifts and tones the skin deep down by exercising the muscles. It lifts and reshapes the features making the skin visibly younger. You could call it a non surgical face lift.

Hydradermie Eye Lift

40 min - €65

Eye Treatment

A specific treatment for the eyes, that tones the skin, "lifts" the eye contour, stimulates tissue drainage and activates sub-cutaneous microcirculation to reduce puffiness and dark circles.

Déesse Pro Led The Hollywood Must Have

30min €40

Addition to any treatment 10 min €20

Coveted by 'A'-listers and used by US celebrity facialists Shani Darden and Georgia Louise.

Déesse Pro LED provides a safe, pain-free way to achieve naturally vibrant and clearer skin. The device uses low-level light therapy (LLLT) by way of medical-grade, surface-mounted, light emitting diodes (LED's) to expose the skin to clinically proven wavelengths of light, de-livered at safe, therapeutic doses.

- Anti-Ageing
- Anti-Acne
- Detoxifying
- Pigmentation
- Post Procedure
- Rosacea
- Congested Acne
- Inflammatory Acne



Kim Kardashian



Kate Hudson



Madonna



Body Treatments and Wraps

The luxurious Babor Soul & Body care range combines exclusive ingredients with feel-good fragrances and flattering textures. The range supports the skin's microbiome and intensively stimulates its natural regenerative power.

Marine Salt Scrub

30 min - €59

An intensive peeling with mineral-rich sea salt and natural oils. For the perfect finish, the skin is nourished with soothing body cream.

Skin Nourishing Cream Wrap

40min - €75

An intensely nourishing body wrap with postbiotics, Ceramide complex, Shea butter and Vitamine E to moisturize, protect skin from redness and irritation and to support natural skin's barrier. Smooth, soft, balanced and radiant skin.

In Shape Wrap

60 min - €110

Power treatment with activating body wraps soaked in a concentrate that smooth the body's silhouette, targeting problem zones and cellulite areas. Treatment begins with a specialised enzyme peeling. Helps improve the appearance of cellulite.

Detoxifying Algae Pure Wrap

40 min - €75

Blue and Green Algae combine to detoxify your body and flush out impurities of your skin. Stimulates Circulation and Detoxifies.





Babor Soul & Body Grounding Experience

120 min - **€180**

Allow yourself to be grounded- full body pampering time with essence of Cedarwood, Patchouli and Vetiver. This indulgent journey begins with a stimulating body polish fortified with poppy seeds, rich in antioxidants and essential nutrients. An invigorating skin brushing follows to promote circulation, encourage lymphatic flow, and prepare the skin for the application of a decadent firming cream wrap from shoulder to toe. While you relax your facial skin is treated to a Healthy, Vital Glow with Doctor Babor Cleanformance, for a beautiful complexion.

Grounding Earth Hot Stone Massage

75 min - **€150**

Strengthen your inner self with this warming and balancing stone ritual. Warm stones combined with nourishing plant oils soothe and relax the muscles and tension, leaving the body feeling soft and smooth.

Babor Hydrotherapy baths

Indulging Aromatic Oil Bath

20 min - **€40**

Relaxing therapeutic bath with natural plants oils



Guinot Body Treatments & Wraps

Mirific Softness & Relaxation Treatment

55 min - €75

This treatment combines the Mirific exfoliation to remove dead skin cells and the Mirific relaxing massage techniques with a unique blend of Precious Oils (Passion Flower, Evening Primrose, Camellia and Argan with antiaging and nourishing properties. This combination makes it the ultimate relaxing and renewing body treatment!

Slim Logic

55 min - €99

The specific treatment program combines ENZYMATIC EXFOLIATION with Ginger stimulate the microcirculation and boost drainage to reduce fat and excess of fluids. FAT-REDUCING MASSAGE with Caffeine helps burn, mobilise fat and break down fat deposits. The anti-fluid retention body wrap with 'sauna' effect' drains due to an occlusive effect, eliminates excess fluid in the tissues due to Alginates and burns fat due to Caffeine.

Techni-slimming/Techni-firming wrap

55 min - €99

Achieve visible slimming and firming results from the very first treatment with the new Techni-Slimming and Techni-Firming treatments from Guinot. Using an in-depth massage combined with carefully formulated serums and a unique body wrap technique, these specially designed manual treatments visibly reduce the appearance of cellulite and restore skin's firmness and silhouette.



Guinot Advanced Technispa

The most effective slimming machine of its generation, 1 machine 3 simultaneous actions:

Slimming Anti-Cellulite

45 min - €75

Treatment

Slims the silhouette, visibly reduces cellulite

Thermo-Detox Firming

45 min - €75

Treatment

Firms, tones the skin and provides true blissful relaxation

Light Legs

30 min - €50

Treatment

Targets tired and heavy legs. It leaves you with a feeling of lightness.

Packages

3 Treatments

€199

|

5 Treatments

€325

|

10 Treatments

€600





Hightech Air Pressotherapy Machine

Pressotherapy (also known as a lymphatic drainage massage) is a massage by compressed air within a special suit connected to a device. Suit composed of boots, legs, abdomen, arms. Ideal to improve circulation and to ease fat removal through the activation of the lymphatic drainage. Helps to remove toxins and metabolic waste from the circulatory system and from the muscle tissues.

Pressotherapy is also well known for stimulating blood flow, which can reduce swelling, cellulite and improve the body. According to research data, one session of such massage replaces several manual procedures or 2 workouts in the gym!

The procedures is 100% painless, fast, comfortable and without rehabilitation.

- **1 session** (40min) **€45**
- **3 sessions** (40min each) **€110**
- **5 sessions** (40min each) **€190**



Packages

One Day Packages

Relax Program

2hr €165

- 1 Dr. BABOR Cleanformance Facial 30 min
- 1 Indulging Aromatic Oil Bath
- 1 Aromatherapy Head Massage
- 1 Relaxing Back & Neck Massage

Detox Program

2hr €165

- 1 Marine Salt Scrub
- 1 Algae Pure Wrap
- 1 Back & Neck Massage
- 1 Air Pressotherapy Treatment

Stress Recovery Program

2hr €165

- 1 Marine Salt Scrub
- 1 Indulging Aromatic Oil Bath
- 1 Skin Nourishing Cream Wrap
- 1 Relaxing Back & Neck Massage

Poseidon

2hr €165

Special Package for Men

- 1 Freestyle deep Tissue Massage
- 1 Aromatherapy Head Massage
- 1 Men's Facial
- 1 Bath Mineral Ocean Bath

Mother to be

2hr €165

- 1 Pregnancy Massage
- 1 Scalp Massage
- 1 Cleanformance Healthy Glow Facial 60 min

One Week Packages

Stress Recovery Program

€355

- 1 Marine Salt Scrub
- 2 Vitalizing Marine Oil Bath
- 1 Indulging Aromatic Oil Bath
- 1 Full body Aromatherapy massage
- 1 Cleanformance Healthy Glow Facial 60 min
- 2 Relaxing Back & Neck Massage

Slimming Program

€499

- 1 Marine Salt Scrub
- 1 Indulging Aromatic Oil Bath
- 1 Detoxifying Algae pure wrap
- 2 In Shape Wrap
- 2 Anti-Cellulite Massage
- 1 Lymph Drainage Massage
- 2 Air Pressotherapy Treatments

Anti-Ageing Program

€559

- 2 Marine Salt Body Scrub
- 2 Indulging Aromatic Bath
- 2 Skin Nourishing Cream Wrap
- 1 Hydrating Plumped & Refined Facial
- 1 Lifting Firm & Youthful Facial
- 2 Lymph Drainage Massage



Massage

Reflexology Treatment	40min - €75
Back & Neck Relaxing Massage	20min - €45
Full Body Massage	45min - €85
Full body Deep Tissue Massage	45min - €105
Full Body Aromatherapy	45min - €87
Aromatherapy Head Massage	25min - €50
Face Massage	25min - €55
Leg Massage	30min - €60
Lymph Drainage Massage	45min - €85

Reflexology Treatment	60min - €105
Back & Neck Deep Tissue Massage	30min - €55
Full Body Massage	60min - €105
Full body Deep Tissue Massage	60min - €110
Anti-Cellulite Massage	40min - €75
Thai Massage Aroma	45min - €105
Thai Massage Traditional	60min - €130
Mother To Be Massage	60min - €120

Moonlight Signature treatment*

per couple €220

Special massage for two in the Roman tent. The treatment ends with a bottle of sparkling wine a platter of seasonal fruits. Summer only. Please ask at the SPA reception for details.

*signature treatment. no extra discounts can be applied



Hands & Feet

Pedicure/ Soak off Gel Pedicure	45min - €55
Manicure/Soak off Gel Manicure	45min - €45
Spa Pedicure	60min - €65
Spa Manicure	60min - €55
Revarnish	30min - €20
Soak off Gel Revarnish	30min - €30
Gel Nail application	60min - €60
Gel Nails (Tips)	90min - €77
Paraffin Treatment (additional)	30min - €25
Take off Gel	15min - €10

Epilation

Full Leg Wax (Excluding Bikini)	45min - €40
Half Leg Wax	30min - €25
Full Arm Wax	30min - €20
Bikini Wax	30min - €20
Full Bikini Wax	45min - €35
Chest Wax	45min - From €30
Lip Wax	15min - €10
Under Arm Wax	15min - €15
Back Wax	30min - From €30

Eye Treatments

Eye Brow Shape	30min - €15
Eye Brow Tint	30min - €15
Eye lash Tint	30min - €15
Eye lash Lift	60min - €55
Eye lash Extensions	2hrs - €80
Eye lash Re-application	90min - From €40



Wedding Day essentials

Allow our qualified and professional team take care of your essential final touches, so that you look and feel your absolute best on your special day. Recommended for the bride and groom's wedding party.

Wedding Party Retreat Day

1 hr 15 min each €95

Choose one of the following Mini SPA Packages:

1. Back and Neck Aroma Massage, Exclusive Luxury Eye Treatment, Aroma Head Massage.
2. Full Body Polish, Back and Neck Revival Massage, Refreshing Mini Facial.
3. Hydrotherapy bath with Essential Oils, Back and Neck Relaxing Massage, Pressure Points Face Massage.

You will end your Mini SPA Package with Sparkling Wine & Fruits to enjoy in our Relaxing SPA Area with Aromatic Candles and flowers. *(minimum 3 persons to be booked)*

Wedding Hair

- **Bridal Hair** (with trial) €140
- **Bridal Hair** (without trial) €99
- **Brides maid** €65

Wedding Make Up

- **Bridal Make Up** (with trial) 60 min €140
- **Bridal Make Up** (without trial) 60 min €99
- **Make Up** (bridesmaids, guests) 45 min €65

Bride and Groom Retreat Day

The Esthis team has put together a his and her package to prepare for your big day or just relax and pamper yourself after your wedding celebrations.

BRIDE

2 hours €135

- Full Body Polish
- Full Body Massage
- Relaxing Facial

BRIDAL ESSENTIAL

€250

- Professional Make Up & Trial
- Bridal Hair & Trial
- Hands or Toes revarnish of your choice

GROOM

2 hours €135

- Full Body Massage
- Scalp Massage
- Men's Facial

THE WEDDING PARTY ESSENTIALS

€100

- Professional Make Up
- Wash & Blow Dry
- Hands or Toes revarnish of your choice

Hairdressing

Ladies Cut	€30	Colour	€65
Gents Cut	€20	Foil / Highlights	From €85
Children Cut (under 12 years)	€15	Up Sweep	€65
Wash & B/Dry short/medium	€30	Deep hair treatment	€60
Wash & B/Dry long	€35	Restyle	€43
Colour Roots	€50	Rollers set	€48



Spa Etiquette

Make an appointment

Spoil yourself with a collection of signature treatments and services designed to reveal the best you. Your rebirth begins with an appointment. We recommend you arrange your visit in advance of your stay to ensure you are accommodated on your preferred day and time. Book your appointment online or call us at (357) 26881030.

Spa Policies

AGES: Esthis SPA is pleased to pamper your entire family. Guest's ages 4-12 are welcome to enjoy nail care and salon services, accompanied by a parent or guardian. Guests ages 13-17 may enjoy massage and facial services with a parent or guardian present in the room during the service. Teen guests are required to wear a bathing suit during any services performed behind closed doors. Spa & Gym are open to guests 16 years old and older.

SMOKING: In the interest of good health and well-being, the entire SPA (indoors and out) is a smoke-free environment.

CHECK IN: To ensure your complete relaxation, please plan to arrive at least 30 minutes prior to your scheduled treatment. Feel free to enjoy the whirlpool, steam room or Sauna while you wait. Late arrivals will be accepted; however, your treatment time will be shortened and no price adjustments will be made.

WHAT TO BRING: Please bring along a swimsuit and the towels. We recommend not bringing your cell phone, but if you do, please put it on SILENT. Cell phone use is not permitted in any spa areas.

CANCELLATION POLICY: Please provide at least six hours' notice if you must cancel or reschedule your appointment. Cancellations made within the six-hour window will incur a 50% charge for the scheduled service. Rescheduled appointments within the six-hour window will incur a Euro 25 fee. All no-shows will be billed 100% of the scheduled service price.

WORKING HOURS: Spa 09:00 - 20:00 daily, Fitness center 08:00 - 20:00 daily

GIFT VOUCHERS: The ideal gift for a birthday, anniversary, mother's day or just to say thank you. Gift Vouchers can be purchased via the Spa reception and can be used towards treatments. Gift vouchers are nonrefundable and must be presented at the time of treatment.





CORAL BEACH

HOTEL & RESORT

★ ★ ★ ★ ★

PAPHOS - CYPRUS

The spirit of Cyprus