



CORAL BEACH

HOTEL & RESORT



**CORAL BEACH HOTEL & RESORT HEALTH & BEAUTY SPA**

ESTHISIS



Spa Menu

Esthisis, the Health and Beauty Spa  
of the Coral Beach Hotel & Resort.

Esthisis is the Greek word for senses,  
meaning that at Esthisis all therapies and treatments  
aim to enhance your senses and feeling of wellbeing.

Allow our experts to nurture your needs  
and enliven your soul with emphasis on individual attention.

Esthisis is proudly associated with BABOR,  
a worldwide pioneer in professional skin care and quality products.

Combined with the expertise of our spa team,  
we ensure an experience of total relaxation and rejuvenation.

# WELCOME TO YOUR BABOR SKINCARE EXPERIENCE

BABOR beauty treatment is an exceptional experience that combines high-performance ingredients and total indulgence. It is tailored precisely to your needs to deliver instant, visible results.

At BABOR we firmly believe that we are all the best version of ourselves when we feel beautiful and confident in our skin. With our highly professional consultations and individual treatment systems based on the most effective active formulas, we go the extra mile to ensure you look and feel fabulous.



  
**BABOR**

ASK  
FOR  
**MORE**



## YOUR BABOR **EXPERIENCE**

A treatment with the BABOR Expert Method is an experience that goes more than skin deep.

Signature elements activate the skin from the surface down to the deepest levels. The transition from warm to cool elements not only feels good but literally kisses your skin awake. For you, a treatment is the ultimate wellbeing experience. For your skin, it is a power workout. Using sophisticated techniques, we achieve the maximum performance from the products we use. The result? Beautifully nourished and vitalized skin – and that incomparable BABOR feeling.



## THE PRECISE FACE EXPERIENCE

### Medical Beauty

The innovative precision formulas of the DOCTOR BABOR and DOCTOR BABOR PRO specialist, made in Germany, are inspired by medical research. As intensive cosmeceuticals they are ideal for complex skin and are formulated precisely to meet the most demanding beauty requirements. These treatments last 60, 75 or 90 minutes, depending on your individual skin needs.

#### **Lifting – Firm & Youthful** 60 min - €150

Vital, youthfully smooth and firmer looking skin. For skin with a lack of elasticity and visible wrinkles. Tissue stimulation achieves firmer skin with a reduction of fine lines and wrinkles.

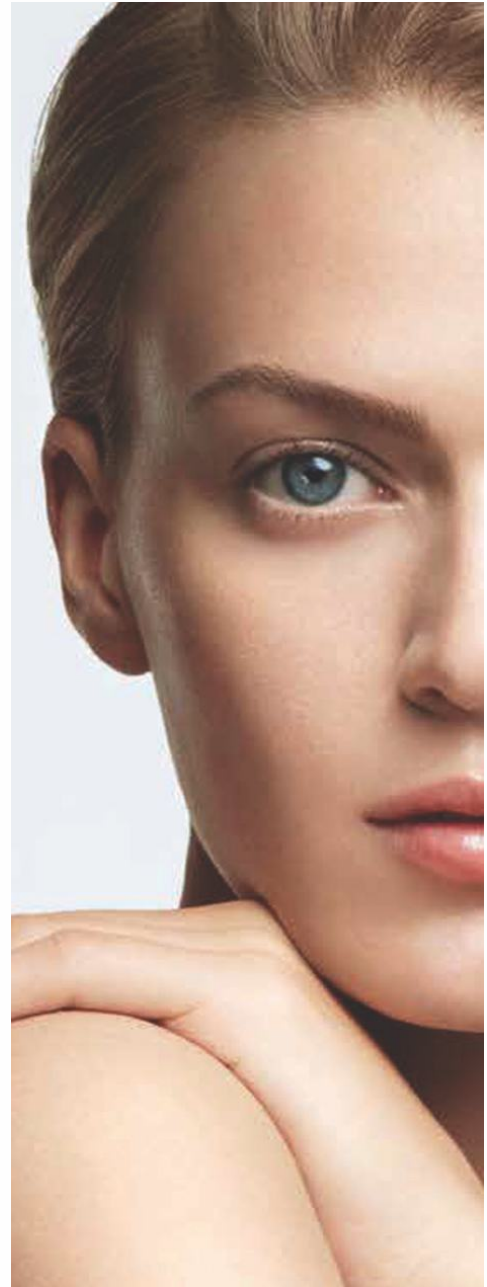
Cleansing | intense peeling | active serum | lifting massage | intense eye care | special mask | individual finishing treatment.

#### **Hydrating – Plumped & Revived** 55 min - €95

Plump and saturate the skin with intense hydration for a vital complexion.

Designed for extremely dehydrated skin with visible dryness lines this immediately ensures intensive moisture absorption into the skin.

Cleansing | intense peeling | active serum | brief massage | intense eye care | special mask | individual finishing treatment.



# THE PRECISE FACE EXPERIENCE

## Medical Beauty

### **Refine – Even & Radiant** 55 min - €85

No more tired skin but an even complexion exuding radiance. Created for environmentally aging-related skin issues such as pigment spots, uneven color lackluster skin, irregular skin texture; this will strengthen the skin's own protective mechanisms with oxidative power.

Cleansing | intense peeling | active serum | brief massage | intense eye care | special mask | individual finishing treatment.

### **Cleanfornance – Healthy Glow** 55 min - €75

Vegan and clean for a healthy, vital glow. Especially for dehydrated, demanding skin, this facial will provide intensive moisture to the skin and will even out any irregularities for a beautiful complexion. This treatment is also Gluten and Lactose free.

Cleansing | intense peeling | active serum | massage or special mask | intense eye care | individual finishing treatment

### **Calming – Calm & Soothe** 55 min - €85

An SOS solution for extremely sensitive, irritated skin. These treatments will reduce redness, irritation and strengthen the skin's own defense mechanisms against stressors. Perfect Treatment after sun.

Cleansing | intense peeling | active serum | massage and special mask | intense eye care | individual finishing treatment.



## GUINOT ELECTRICAL FACIALS

### **Hydradermie Facial** – 55 min - €95

"Cellular Energy"

A mild electrotherapy current allows active beautifying ingredients to penetrate into the deeper layer of the skin for more immediate and lasting results. The skin is perfectly cleaned, moisturized, oxygenated and radiant.

Eight (8) personalized programs are available moisturizing, nourishing, purifying, anti-aging, soothing, anti-pigmentation, repair after sun exposure.

### **Hydradermie Lift** - – 55 min - €120

The "Instant Lifting" treatment

This treatment, lifts and tones the skin deep down by exercising the muscles. It lifts and reshapes the features making the skin visibly younger. You could call it a none surgical face lift.

### **Hydradermie Eye Logic** – 40 min - €60

Eye Treatment

A specific treatment for the eyes, that tones the skin, "lifts" the eye contour, stimulates tissue drainage and activates sub-cutaneous microcirculation to reduce puffiness and dark circles.

**GUINOT**  
INSTITUT • PARIS



# GUINOT FACIAL TREATMENTS

## **Lift Summum Treatment** – 60 min - €120

A special treatment that tightens, firms the outline of the face, smoothes and stimulates the skin on the neck and décolleté. Dual exfoliation, powerful massage with powerful serum for regeneration of elastic fibers, wrinkle abrasion with the special wrinkle eraser. The treatment is completed by the application of the neck/décolleté face mask that tightens and instantly corrects the facial feature

## **Detoxygene** – 55 min - €85

Oxygenating and detoxifying treatment

Removes toxins and pollution from the skin with a specific enzymatic peel, followed by a clay mask that acts as a pollution magnet. The specific massage techniques leaves the skin refreshed, radiant and luminous.

## **Age Summum** – 60 min - €120

Targets signs of ageing

The Age Summum Treatment is the alternative to plastic surgery for treating immediately signs of ageing. A genuine concentration of 56 Biological active ingredients from Cellular Life Complex, hyaluronic acid and Pure vitamin C: stimulates the synthesis of collagen and provides antioxidant action for exceptional radiance and cell regeneration.

## **Hydra Peeling** – 55 min - €85

The skin renewal treatment

The ideal treatment for dull, tired skin and asphyxiated skin. A rejuvenating peeling that improves the texture of the skin, reduces pigmentation spots and brings a youthful radiance of the skin.

## **Equilibre Purete Treatment** – 75 min - €95

A cleansing enzymatic peeling warms the skin and opens the pores. Then a purifying clay mask absorbs impurities and excess sebum from the skin. Balance is restored and the skin is purified.





## BODY EXPERIENCE

### BABOR Spa Moments

Earth and ocean govern our world, energy and bodies, together they create movement and synergy that influence our life, balance and health. This constant movement has allowed us to collect transformation, resilience and wellbeing moments.

Immerse yourself in BABOR spa moments to feel deep rooted wellness experiences and skin softness.

BABOR spa moments include our CARING JOURNEY that simulates the waves, making the body center of the earth for grounding effect, allowing deep relaxation which in turn will strengthen our health system and our body resistance. MORE selfcare, MORE effect, MORE indulgence ...

### Body Exfoliating Treatments

#### **BABOR SPA Earth Softening Peeling** - 30 min €49

A smooth cream peeling treatment with natural poppy seeds and stimulating body brushing. For the perfect finish, warm natural oil is massaged onto the body, leaving it feeling beautifully soft.

#### **BABOR SPA Ocean Peelings**

##### **Oil to Foam Peeling** - 30 min €59

An energizing, pampering body treatment with hydrophylic oils and delicately scented foams. For the perfect finish, the skin is nourished with energizing refreshing body cream.

##### **Marine Salt Scrub** - 30 min €55

An intensive peeling with mineral-rich sea salt and natural oils. For the perfect finish, the skin is nourished with energizing refreshing body cream.





## BODY EXPERIENCE

### Cocoon Body Wrap

#### Babor Spa Earth



##### **Smoothing Cream Wrap** - 40min €65

An intensely nourishing body wrap with firming Glaucine extract from poppy seeds and plant stem cells extracts. Hydrates and tones the skin.

##### **Firming Shaping Cream Wrap** - 40min €65

A warm localized treatment wrap that increases circulation and metabolic activity on problem zones, with Caffeine and Glaucine extracts that stimulate lipolysis and counteract formation of new fat cells. Firms and contours the skin.

##### **In Shape Wrap** - 60 min €98

Power treatment with activating body wraps soaked in a concentrate that smooth the body's silhouette, targeting problem zones and cellulite areas. Treatment begins with a specialised enzyme peeling. Helps improve the appearance of cellulite.

#### Babor Spa Ocean

##### **Energizing Algae Cream Wrap** - 40 min €78

A moisturizing and refreshing body wrap with natural blue and green algae that combine with active extracts of red algae to give the skin an intense energy boost. Energizes and Moisturizes.

##### **Detoxifying Algae Pure Wrap** - 40 min €65

Blue and Green Algae combine to detoxify your body and flush out impurities of your skin. Stimulates Circulation and Detoxifies.



## GUINOT BODY TREATMENTS & WRAPS

### **Mirific Softness & Relaxation Treatment** - 55 min - €69

This treatment combines the Mirific exfoliation to remove dead skin cells and the Mirific relaxing massage techniques with a unique blend of Precious Oils (Passion Flower, Evening Primrose, Camellia and Argan with antiaging and nourishing properties. This combination makes it the ultimate relaxing and renewing body treatment!

### **Slim Logic** - 55 min - €89

Anti-cellulite slimming treatment with caffeine

The specific treatment program combines ENZYMATIC EXFOLIATION with Ginger stimulate the microcirculation and boost drainage to reduce fat and excess of fluids. FAT-REDUCING MASSAGE with Caffeine helps burn, mobilise fat and break down fat deposits.

### **Fluid-Reducing Body Wrap** - 55 min - €89

The anti-fluid retention body wrap with 'sauna' effect' drains due to an occlusive effect, eliminates excess fluid in the tissues due to Alginates and burns fat due to Caffeine.

### **Techni-slimming/Techni-firming** - 55 min - €89

Achieve visible slimming and firming results from the very first treatment with the new Techni-Slimming and Techni-Firming treatments from Guinot. Using an in-depth massage combined with carefully formulated serums and a unique body wrap technique, these specially designed manual treatments visibly reduce the appearance of cellulite and restore skin's firmness and silhouette.



## GUINOT ADVANCED TECHNISPA

The most effective slimming machine of its generation, 1 machine 3 simultaneous actions:

### **Slimming Anti-Cellulite** - 45 min - €70

Treatment

Slims the silhouette, visibly reduces cellulite

### **Thermo-Detox Firming** - 45 min - €70

Treatment

Firms, tones the skin and provides true blissful relaxation

### **Light Legs** - 30 min - €45

Treatment

Targets tired and heavy legs. It leaves you with a feeling of lightness.





# Babor Spa Earth

## Babor Face and Body Rituals

### **The Earth Experience** - 120 min €168

Allow yourself to be grounded- full body pampering time with natural poppy seeds, poppy seed oil and firming Glaucine from yellow poppies. This indulgent journey begins with a stimulating body polish fortified with poppy seeds, rich in antioxidants and essential nutrients. An invigorating skin brushing follows to promote circulation, encourage lymphatic flow, and prepare the skin for the application of a decadent firming cream wrap from shoulder to toe. While you relax your facial skin is treated to a Healthy, Vital Glow with Doctor Babor Cleanformance, for a beautiful complexion.



### **The Ocean Experience** - 120 min €168

Experience ocean freshness- full body pampering time with energizing extracts from red algae. Inspired by the natural currents of the ocean, this aromatic, energizing and grounding body treatment stimulates the body for the ultimate sensation of total body wellness. A unique oil to foam natural enzyme exfoliation is applied from shoulder to toe to instantly smooth and perfect the skin. An invigorating brushing encourages circulation, lymphatic flow and prepares the skin to drink in the benefits of the cocooning cream wrap to follow. While you relax your facial skin is treated to a Healthy, Vital Glow with Doctor Babor Cleanformance, for a beautiful complexion.



### **Grounding Earth Hot Stone Massage** - 75 min €135

Strengthen your inner self with this warming and balancing stone ritual. Warm stones combined with nourishing plant oils soothe and relax the muscles and tension, leaving the body feeling soft and smooth.



## Babor Hydrotherapy baths

### **Indulging Aromatic Oil Bath** - 20 min €39

Relaxing therapeutic bath with natural plants oils

### **Vitalizing Marine Oil Bath** - 20 min €39

Vitalizing salt water bath with natural sea salt and plant oils

### **Mineral Ocean Bath** - 20 min €39

Moisturizing therapeutic bath with natural sea salt and blue-green algae

## PACKAGES

### One Day Packages

#### **Relax Program** 2hr €165

- 1 Dr. BABOR Cleanformance Facial 30 min
- 1 Indulging Aromatic Oil Bath
- 1 Aromatherapy Head Massage
- 1 Relaxing Back & Neck Massage

#### **Detox Program** 2hr €165

- 1 Marine Salt Scrub
- 1 Algae Pure Wrap
- 1 Back & Neck Massage
- 1 Mineral Ocean Bath

#### **Stress Recovery Program** 2hr €165

- 1 Marine Salt Scrub
- 1 Vitalizing Marine Oil Bath
- 1 Energizing Algae Ocean Wrap
- 1 Relaxing Back & Neck Massage

#### **Poseidon** 2hr €165

##### **Special Package for Men**

- 1 Freestyle deep Tissue Massage
- 1 Aromatherapy Head Massage
- 1 Men's Facial
- 1 Bath Mineral Ocean Bath

#### **Mother to be** 2hr €165

- 1 Pregnancy Massage
- 1 Scalp Massage
- 1 Cleanformance Healthy Glow Facial 60 min

### One Week Packages

#### **Stress Recovery Program** €399

- 1 Marine Salt Scrub
- 2 Vitalizing Marine Oil Bath
- 1 Indulging Aromatic Oil Bath
- 1 BABOR's Signature Effective Touch Massage
- 1 Cleanformance Healthy Glow Facial 60 min
- 2 Relaxing Back & Neck Massage

#### **Slimming Program** €499

- 1 Marine Salt Scrub
- 1 Indulging Aromatic Oil Bath
- 1 Firming Shaping Cream Wrap
- 2 In Shape Wrap
- 2 Anti-Cellulite Massage
- 1 Lymph Drainage Massage
- 1 Mineral Ocean Bath

#### **Anti-Ageing Program** €559

- 2 Earth Softening Peeling
- 2 Indulging Aromatic Bath
- 2 Smoothing Cream Wrap
- 1 Hydrating Plumped & Refined Facial
- 1 Lifting Firm & Youthful Facial
- 2 Lymph Drainage Massage



## MASSAGE

Reflexology Treatment	40min	€70	Reflexology Treatment	60min	€95
Back & Neck Relaxing Massage	20min	€42	Back & Neck Deep Tissue Massage	30min	€55
Full Body Massage	45min	€75	Full Body Massage	60min	€95
Full body Deep Tissue Massage	45min	€95	Full body Deep Tissue Massage	60min	€105
Full Body Aromatherapy	45min	€79	Anti-Cellulite Massage	40min	€70
Aromatherapy Head Massage	25min	€45	Thai Massage Aroma	45min	€95
Face Massage	25min	€50	Thai Massage Traditional	60min	€120
Leg Massage	30min	€55	Mother To Be Massage	60min	€108
Lymph Drainage Massage	45min	€79			

## MOONLIGHT TREATMENT €199 per couple

Special massage for two in the Roman tent. The treatment ends with a bottle of sparkling wine a platter of seasonal fruits. Summer only. Please ask at the SPA reception for details.





## HANDS & FEET

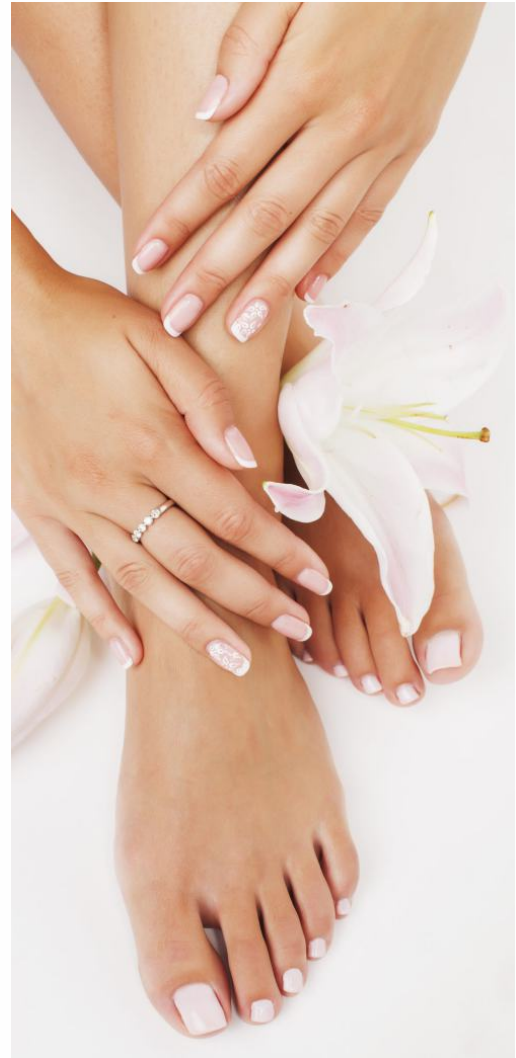
Pedicure/ Soak off Gel Pedicure	45 min	€55
Manicure/Soak off Gel Manicure	45 min	€45
Revarnish	30 min	€20
Soak off Gel Revarnish	30 min	€30
Gel Nail application	60 min	€60
Gel Nails (Tips)	90 min	€77
Paraffin Treatment (additional)	30 min	€25
Take off Gel	15 min	€10

## EPILATION

Full Leg Wax (Excluding Bikini)	45 min	€40
Half Leg Wax	30 min	€25
Full Arm Wax	30 min	€20
Bikini Wax	30 min	€20
Full Bikini Wax	45 min	€35
Chest Wax	45 min	From €30
Lip Wax	15 min	€10
Under Arm Wax	15 min	€15
Back Wax	30 min	From €30

## EYE TREATMENTS

Eyebrow Shape	30 min	€15
Eyebrow Tint	30 min	€15
Eyelash Tint	30 min	€15
Eyelash Lift	60 min	€55
Eyelash Extensions	2hrs	€80
Eyelash Re-application	90 min	From €50



# WEDDING DAY ESSENTIALS

Allow our qualified and professional team take care of your essential final touches, so that you look and feel your absolute best on your special day. Recommended for the bride and groom's wedding party.

## WEDDING PARTY RETREAT DAY

Choose one of the following Mini SPA Packages:

1. Back and Neck Aroma Massage, Exclusive Luxury Eye Treatment, Aroma Head Massage.
2. Full Body Polish, Back and Neck Revival Massage, Refreshing Mini Facial.
3. Hydrotherapy bath with Essential Oils, Back and Neck Relaxing Massage, Pressure Points Face Massage.

**You will end your Mini SPA Package with Sparkling Wine & Fruits to enjoy in our Relaxing SPA Area with Aromatic Candles and flowers.**

**1 hr 15 min each €85**

### BRIDE'S HAIR

- Bride Hair and trial €120
- Bride without trial €83
- Bridesmaid €55

### MAKE UP

- Wedding Make Up (without trial) 60 min €80
- Wedding Make Up (with trial) 60 min €120
- Make Up 45 min €55

## BRIDE AND GROOM RETREAT DAY

The Esthisis team has put together a his and her package to prepare for your big day or just relax and pamper yourself after your wedding celebrations.

### BRIDE 2 hrs €135

- Full Body Polish
- Full Body Massage
- Relaxing Facial

### GROOM 2 hours €135

- Full Body Massage
- Scalp Massage
- Men's Facial



### BRIDAL ESSENTIAL €220

- Professional Make Up & Trial
- Bridal Hair & Trial
- Hands or Toes revarnish of your choice

### THE WEDDING PARTY ESSENTIALS €85

- Professional Make Up
- Wash & Blow Dry
- Hands or Toes revarnish of your choice

## HAIRDRESSING

Ladies Cut	€26	Foil / Highlights	From €77
Gents Cut	€20	Up Sweep	€55
Children Cut (under 12 years)	€15	Hair Treatment	€25
Wash & B/Dry short/medium	€26	Deep hair treatment K18	€50
Wash & B/Dry long	€30	Hair Botox	€45
Colour Roots	€45	Restyle	€38
Colour	€60	Rollers set	€40





# DÉESSE PROLED THE HOLLYWOOD MUST HAVE

**Coveted by 'A'-listers and used by US celebrity facialists  
Shani Darden and Georgia Louise.**

Déesse Pro LED provides a safe, pain-free way to achieve naturally vibrant and clearer skin. The device uses low-level light therapy (LLLT) by way of medical-grade, surface-mounted, light emitting diodes (LED's) to expose the skin to clinically proven wavelengths of light, de-livered at safe, therapeutic doses.

- ANTI-AGEING
- ANTI-ACNE
- DETOXIFYING
- PIGMENTATION
- POST PROCEDURE
- ROSACEA
- CONGESTED ACNE
- INFLAMMATORY ACNE

30min €40

Addition to any treatment 10 min €20



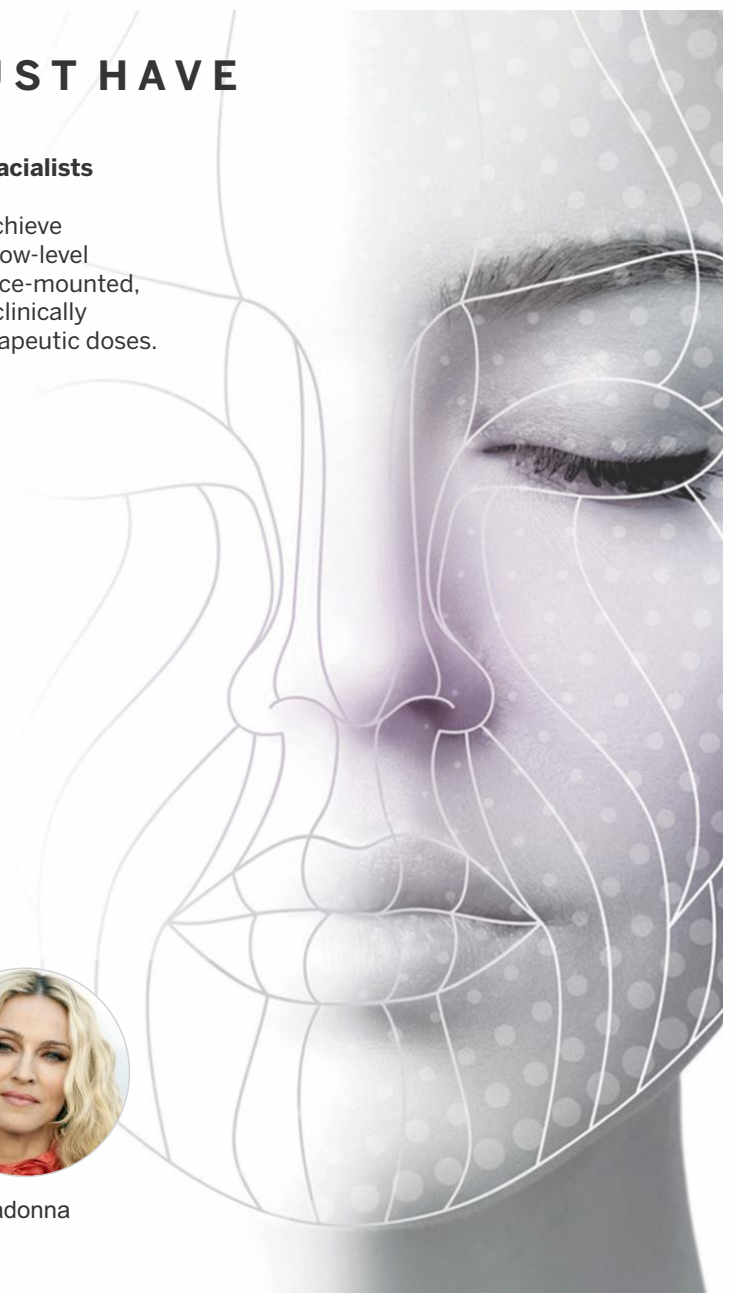
Kim Kardashian



Kate Hudson



Madonna



# SPA ETIQUETTE

## **Make an appointment**

Spoil yourself with a collection of signature treatments and services designed to reveal the best you. Your rebirth begins with an appointment. We recommend you arrange your visit in advance of your stay to ensure you are accommodated on your preferred day and time. Book your appointment online or call us at (357) 26881030.

# SPA POLICIES

**AGES:** Esthesis SPA is pleased to pamper your entire family. Guest's ages 4-12 are welcome to enjoy nail care and salon services, accompanied by a parent or guardian. Guests ages 13-17 may enjoy massage and facial services with a parent or guardian present in the room during the service. Teen guests are required to wear a bathing suit during any services performed behind closed doors.

**SMOKING:** In the interest of good health and well-being, the entire SPA (indoors and out) is a smoke-free environment.

**CHECK IN:** To ensure your complete relaxation, please plan to arrive at least 30 minutes prior to your scheduled treatment. Feel free to enjoy the whirlpool, steam room or Sauna while you wait. Late arrivals will be accepted; however, your treatment time will be shortened and no price adjustments will be made.

**WHAT TO BRING:** Please bring along a swimsuit and the towels. We recommend not bringing your cell phone, but if you do, please put it on SILENT. Cell phone use is not permitted in any spa areas.

**SERVICE CHARGE:** For your information, a 10% service is included to all spa charges for the Staff. Additional gratuities are at your discretion.

**CANCELLATION POLICY:** Please provide at least six hours' notice if you must cancel or reschedule your appointment. Cancellations made within the six-hour window will incur a 50% charge for the scheduled service. Rescheduled appointments within the six-hour window will incur a Euro 25 fee. All no-shows will be billed 100% of the scheduled service price.

**OTHER NOTES:** If a hotel guest wishes to use the spa amenities without an appointment (whirlpool, steam room, sauna, etc.), a Euro 6 spa facility fee will be charged (this charge will not apply for the All Inclusive guests). Use of the outdoor pools for non-hotel guests with spa appointments is prohibited.

**WORKING HOURS:** Spa & Pool Area working hours 09.00-20.00 daily.  
Gym working hours 08.00-20.00 daily.  
(08.00-09.00 gym area is unsupervised)

**GIFT VOUCHERS:** The ideal gift for a birthday, anniversary, mother's day or just to say thank you. Gift Vouchers can be purchased via the Spa reception and can be used towards treatments or products. Gift vouchers are nonrefundable and must be presented at the time of treatment.

ESTHISIS



Spa Menu